

Twin Cities Creation Science Association

Organized 1973

CREATION BULLETIN



Bob Helfinstine President 421-8964 October, 1998 Beatrice Flaming Treasurer 929-9368

Diet and Nutrition in the Bible

Tuesday, October 20, 1998, 7:30 p.m. Totino Fine Arts Center, Rm. 115 Northwestern College, Roseville

Rev. David Fruehauf, is a former public school math teacher and councilor as well as an ordained minister. He was the first president of the **Twin Cities Creation Science Association** when it was founded in 1973.

For about the past 12 years Rev. Fruehauf has been researching and living with a "whole foods" diet. The book that got him interested was entitled *Recalled by Life* by Anthony Sattilaro, MD. The author tells how he was given 6 months to live, but changed his diet and survived. A second book by Dr. Sattilaro details his spiritual journey during and following the period recounted in the first book.

God gave Adam food to eat in Genesis 1:29 and later instructed His people on what and how to prepare food for a healthy life. Rev. Fruehauf's personal experiences will be shared along with insights he has picked up along the way.

This program is appropriate for everyone but may be especially interesting to anyone with a loved one with medical problems. We encourage you to attend and learn about this healthier lifestyle.

Southern Minnesota Association for Creation

Albert Lea will host the annual board meeting of the **Creation Research Society**. On March 27, 1999 C.R.S. board members will participate in a public meeting on Creation vs. Evolution. Speakers from coast to coast will be there. We will provide additional details in future issues so watch for them and plan to attend another major event here in Minnesota.

The Christian Educational Resource Center

With the new school year you may want to take advantage of a unique Christian resource available to you. Located at Grace Church Roseville, the center has books, audio & video tapes including more then 450 Creation Science Resources. For more information call 604-0907.



Do you want to get more involved in a great organization? The TCCSA board meets 10 times a year to plan upcoming meetings and care for business. To assist the officers we need additional members to enlarge our idea pool. Please contact Bob Helfinstine at 421-8964 or bobbelf@juno.com for more information.

TCCSA Events at Northwestern College

Nov. 17, Dr. Ross Olson. Spiritual Evolution -- Is New Age A

Step Up Or A Step Down?

Dec. No meeting or newsletter. Merry Christmas

FIND US ON THE WEB

http://members.aol.com/tccsa/tccsa.htm

Bob Helfinstine, President
Dave Johnson, Editor
Fred Koestner, Webmaster
Russ McGlenn, Adventure Safaris
John Nuckols, Adventure Safaris

bobhelf@juno.com
david.johnson@cwix.com
fjk@minn.net
russmcglenn@juno.com
jpnuckols@juno.com

October

Twin Cities Creation Science Association 6300 Georgia Ave. N. Brooklyn Park, MN 55428-2526

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OPINION



Adventure Safaris

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Russ currently has 526 children so far this school year and John is also busy with classes. Both have time slots available for more Classes. If you are involved with a home school organization or know someone who is, this is a great opportunity to get a quality science education for your children. We can schedule a portion of one day a week or as required and we cover the entire metro area and beyond. The next Science Fair is coming up in February participants should be thinking about a project, more later.

This fall we will be scheduling short safaris to look for fossils or view places of special interest in our local area. Another unique opportunity we offer is a personalized safari for a birthday party, Sunday School group or other organization. Contact us for one or more of these special activities.

In addition to regular science classes we offer one time special presentations on events or individuals of historical interest. These presentations are for home schools, churches or other groups and can be tailored to any age group. We have a scale model of a 40 foot section of Noah's Ark and other visuals as learning aids.

Do you have items to help us in our school programs? If you are willing to donate or loan the following things it would be very helpful. GeoSafaris (2 or 3), laptop computer with CD Rom drive, gyroscopes, sextant, transit, Legos, wooden Tinker Toys and a real meteorite.

Russ McGlenn "FOX-IN-THE-VALLEY" 14861 Prairie Road Andover, MN 55304 russmcglenn@juno.com John Nuckols 760 Main ST. N.W. Coon Rapids, MN 55448

(612)757-8107 (800)201-0081 jpnuckols@juno.com
